

Speaking Valve Education

- Speaking valve can be used with:
 - Trachs
 - Inline with ventilators
 - Patients of any age
- Benefits
 - Increasing vocalizations
 - Improving sense of smell and taste
 - Managing oral secretions with restored oral and pharyngeal sensation
 - Less tracheal suctioning
 - Supporting optimal feeding and language development
 - Improved core stability due to restored subglottic pressure and ability to bear down
- Contraindications
 - Use-significant upper airway obstruction
 - Copious secretions
 - Inflated cuff dependence
 - Medical instability



Key Safety Takeaways

- Speaking value allows air to flow into the trach, but closes upon exhalation and forces exhalation through the mouth and nose
- If signs of respiratory distress while pt using speaking valve, remember to remove speaking valve as part of intervention
- If cuffed trach, cuff must be fully deflated whenever speaking valve is in use or pt CANNOT breath
- No breathing treatments when speaking value in place
- No use of HME when speaking value in place
- Speaking value does not provide humidity-will need to monitor secretions and provide humidity while speaking value in use of secretions become thicker



guidelines



Evaluation

Use

Daily/Prescribed

Referral made by Critical Care Team

